

### Ring size guide

Size	Ring size	Diameter
XS	5	15mm
S	6	16mm
M	7	17mm
L	8	18mm
XL	9	19mm
XXL	10	20mm

### Regular rings (Pack of 3)

#### Size Contains ring sizes

S	6.7.7
M	7.8.8
L	8.9.9

### Regular + mid rings (Pack of 3)

#### Size Contains ring sizes

S	Reg: 6.7.7 MIDI:4.5.4
M	7.8.8 MIDI 4.5.4
L	8.9.9 MIDI 5.6.5

### Midi rings (Pack of 3)

#### Size Contains ring sizes

S/M	4.5.4
M/L	5.6.5